



# FALASOPHY

FALAFEL | HUMMUS BAR

FALASOPHY - 201 East 4<sup>th</sup> Street - 949 610 5296

## PITAS & WRAPS

### Falafel

NY Style Falafel Pita Pocket \$7

*Falafel, pickled red cabbage, cucumber-tomatoes, tahini sauce (Vegan)*

Beirut Style Falafel Wrap \$8

*Falafel, romaine, tomatoes, parsley, radish, tahini sauce (Vegan)*

Eggplant Falafel Pita Pocket \$8

*Falafel, pomegranate eggplant pickled red cabbage, cucumber-tomatoes, tahini sauce (Vegan)*

### Chicken

Chicken Shawarma Pita \$8

*Chicken shawarma, Mediterranean-slaw, pickled cucumbers, garlic sauce*

Grilled Chicken Shish-Tawook Kebab Wrap \$8

*Grilled chicken breast kebabs, romaine, pickled cucumber, garlic sauce*

### Lamb & Beef

Pulled Organic Leg of Lamb Pita Pocket \$10

*Slow-cooked leg of lamb with Mediterranean-slaw, pickled red cabbage, sumac onions, tzatziki sauce*

Grilled Beef Kafta Kebab Wrap \$8

*Beef Kafta, hummus, romaine, sumac-onions, pickled cucumbers*

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## PLATTERS

Falasophy Platter

*Served rice, hummus, pickles & cucumber-tomato salad (Lamb served with Mediterranean-slaw as a salad)*

**Choice of:**

**Falafel (Vegan) 11**

**Chicken Tawook Kebab 12**

**Chicken Shawarma 11**

**Pulled Organic Leg of Lamb 13**

**Beef Kafta Kebab 11**

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## SALAD BOWLS

Crunchy Mediterranean Salad 8

*Romaine, cucumber, tomato, Mediterranean-slaw, radish, olives, feta, pomegranate dressing, za'atar pita*

**(Vegetarian)**

**Add Protein:**

**Add Chicken Tawook Kebab + 3**

**Add Chicken Shawarma + 3**

**Add Grilled Beef kefta kebab +3**

**Add Falafel +3 (Vegan)**



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## Plato's Salad Bowl \$10

*Hipster quinoa tabouli salad, cucumbers, tomatoes, hummus, lightly pickled red cabbage, house pickled jalapenos, avocado, pomegranate dressing with Falafel topped with tahini sauce (Vegan & Gluten Free)*

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## SPECIALS

### Spicy Falasophy Tacos

#### Spicy Falafel Tacos \$4

*Cabbage, pickled jalapeños, avocado, tahini, cilantro-garlic sauce (Vegan)*

#### Spicy Chicken Shawarma Tacos \$4

*Garlic sauce, Mediterranean slaw, house pickled-jalapenos*

#### Pulled Leg of Lamb Tacos \$5

*Pulled Organic Leg of Lamb, Mediterranean Slaw, sumac onions, pineapple pickled jalapenos, flour tortillas, tzatziki sauce*

#### Pulled Leg of Lamb Loaded Fries \$13

*Slow-cooked leg of lamb on top of spicy garlic fries with feta, Mediterranean-slaw, pineapple-pickled jalapenos, sumac onions, pickled red cabbage & tzatziki*

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## SIDES ;

#### Hand-Cut Fries \$4

*Fresh cut in house, fried twice (Vegan & Gluten Free)*

#### Spicy Garlic Fries \$4.5

*Our hand-cut Fries tossed in a spicy garlic sauce (Vegan & Gluten Free)*

#### Brussels Sprouts \$4.75

*Topped with a sweet & spicy sauce (Vegan & Gluten Free)*

#### Hummus & Warm Pita \$4

*Made from scratch in-house daily (Vegan)*

#### Falafel with Tahini \$4.75

*Side of our made from scratch falafel with tahini dipping sauce (Vegan & Gluten Free)*

#### Lebanese Cheese Taquitos \$1.75 each

*Made from scratch (Vegetarian)*

#### Stuffed Grape leaves (3 pieces) \$4.5

*Rolled fresh in house, stuffed with rice, parsley, tomatoes, onions (Vegan & Gluten Free)*

#### Hipster Tabouli \$4.5

*Side of our quinoa tabouli salad (Vegan & Gluten Free)*

#### Cucumber-Tomato Salad \$4.5

*Side of our Cucumber-tomato salad (Vegan & Gluten Free)*



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Mediterranean-slaw \$4.5

Side of our tangy Mediterranean slaw *(Vegan & Gluten Free)*

Extra Thick Pita \$1

*(Vegan)*